

COURT BOOKINGS

- Please ensure you have booked a court in advance via <u>tsc@tonbridge-school.org</u> a minimum of 24 hours in advance.
- Courts are booked for a period of 60 minutes and only confirmed once you have received a confirmation email from us.
- Please do not turn up at the Sports Centre without receiving confirmation as access will not be permitted.

HYGIENE

- Take hand sanitizer with you and use it regularly.
- Clean your hands before play and immediately after finishing.
- If you need to sneeze or cough, do so into a tissue or upper sleeve.
- Avoid touching your face.

EQUIPMENT

- Take hand sanitizer with you and use it regularly.
- Take all your own equipment (do not share equipment such as rackets, grips, hats and towels).
- Only take the minimum amount of equipment with you that you need to play.
- Clean and wipe down your equipment, including racquets and water bottles before and after use.
- Bring a full water bottle, and do not share food or drink with others.
- Bring your own tennis balls that are clearly marked (e.g. with your initials).
- Ensure you take all your belongings with you at the end of the session and do not leave anything on court.

Arriving at the Centre

- Please use the main Sports Centre gates where the security guard will allow access for those who have booked a court. Please park in the Lower Car Park.
- Arrive as close as possible to your booking start time.
- Avoid touching court gates, fences, benches, etc. if you can.
- Allow others to leave before you enter the court if you need to wait then do so away from the courts and clear of the gates.
- Ensure you leave the court before the end of your allotted time so that it is empty for the next players.
- Arrive changed and ready to play. As changing and toilet facilities are not accessible, you will not be able to shower at TSC after your session.
- Do not congregate after playing. No extra-curricular or social activity should take place.

COURT LIMITS

- Players from different households can now play doubles or singles together as long as they stay two metres apart as far as possible, and small group coaching for up to four people (including coaches) can resume
- If players are from the same household, they can play within the two metre guidance, of up to four people.

No Spectators are allowed on the courts.

Ensure you leave the court before the end of your allotted time so that it is empty for the next players. TSC Staff will sweep the courts between games.

MAINTAIN SOCIAL DISTANCING

■ Stay at least two metres away from other players at all times (including during play, when taking breaks and before and after play).

- Do not make physical contact with other players (such as shaking hands or high five).
- Stay on your side of court and avoid changing ends, or agree to change ends at opposite sides of the net.
- Avoid chasing the ball down to another court if other players are using it.
- For doubles, consider agreeing in advance which player will take the shot if a ball travels to the centre of the court.
- Do not congregate after playing. No extra-curricular or social activity should take place.

EQUIPMENT & FACILITIES

- Players do not now need to use their own clearly marked tennis balls however, if you choose to use shared balls then extra care must be taken to ensure you do not touch your face during play, and you should clean your hands before play and immediately after finishing (use alcohol gel if required).
- Avoid using your hands to pick up tennis balls use your racquet/foot to hit/kick them to your opponent or return them to another court.
- Avoid using other equipment such as courtside benches, net handles or court sweepers where possible.

Ensure you take all your belongings with you at the end of the session and do not leave anything on court